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Socializing and Engagement: An Important Part of Memory Care

DISCLOSURE

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HOW TO RECEIVE COURSE CREDIT

View the entire course including any applicable handouts/resources. Complete a post-test assessment. You must score 80% or better on the post-test and complete the course evaluation to earn a certificate of completion for this activity. If required, Select Rehabilitation will report attendance to CE Broker.

ABOUT THE COURSE AUTHOR

Kari Brizendine, a Physical Therapist, is a graduate from Virginia Commonwealth University/Medical College of Virginia. An Education Specialist for Select Rehab, one of our nation's largest long-term care rehab providers, Kari has spent over 37 years working with the geriatric population in a multitude of clinical settings where she has been responsible for patient care, clinical programming, education and staff development. She is a Certified Wound Specialist through the American Board of Wound Management, a Certified Dementia Practitioner and Trainer through the National Council of Certified Dementia Practitioners, a Certified Montessori Dementia care Professional and She is LSVT Big Certified. Her predominant interest has been in serving those with dementia, their caregivers, healthcare providers and families, with the message that each person with dementia continues to have a life that matters and that quality is possible if we all join that person using his or her personal interests, residual skills and memories in what she calls "My Way". She is the co-author of *My Past is Now My Future: A Practical Guide to Dementia Possible Care* and author of *Though You Do not Know My Name I Know You Love me Just the Same*.

POST-TEST

1. The elderly population is at risk of sensory deprivation due to
 - a) a decline in visual acuity
 - b) auditory and olfactory
 - c) gustatory functions
 - d) all the above

2. A Snoezelen room includes
 - a) furniture and equipment that could be used in a self-directed fashion with little to no effort to stimulate or calm multiple sensory systems
 - b) lots of loud music to act as white noise
 - c) stations to excite the central nervous system
 - d) all scents hence the word “Snoezelen”
3. Multisensory environments (MSE) are used for persons with dementia to
 - a) improve mood during ADLs
 - b) increase social interaction
 - c) reduce unwanted behaviors
 - d) all the above
4. Engagement with persons with dementia
 - a) is not necessary in the early stages of dementia when engagement is self-initiated
 - b) is direct care time wasted
 - c) is possible throughout the continuum of the disease
 - d) is used only in the middle stages of dementia when individuals need lots of activity
5. Examples of observable behaviors that reflect attention by persons with dementia are
 - a) eye contact, eye tracking
 - b) manipulating an object
 - c) pushing away
 - d) all the above

The post-test and corresponding course evaluation can be accessed at:

https://www.surveymonkey.com/r/Socialization_On_Demand

Or by using the following QR Code:



If all course requirements have been met, a certificate will be emailed from Select Rehabilitation to the email address reported in the course follow-up survey.

Any questions or issues related to this course should be directed to Dr. Kathleen Weissberg, National Director of Education for Select Rehabilitation at kweissberg@selectrehab.com

If accessibility of learning is required, please contact Kathleen Weissberg at kweissberg@selectrehab.com for appropriate accommodations.