

**Module 5 – Infection Control and Food Safety**  
**Checkpoint: To be completed by learner with onsite/facility instructor**

Why is food safety important for residents and older adults?

---

---

---

---

List three things you can do to maintain good personal hygiene.

---

---

---

---

Describe the proper method for washing your hands.

---

---

---

---

Handwashing is important after many actions. List six.

---

---

---

---

When should you wear gloves? When should you change gloves?

---

---

---

---

Describe five techniques for serving food safely (i.e., how to handle cups, utensils, plates, etc.).

---

---

---

---

Explain how you would test the temperature of food before serving it to a resident.

---

---

---

---